

Online Safety 4 Schools

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Online Safety – What is Expected of All Schools

Quick Guidance Tool for Schools (Whole School Approach)

- Online Safety Audit** – Virtual or Face to Face, this allows the school to ascertain what they need to do
- Online Safety Policy** – A Standalone Online Safety Policy is now required, it should be updated annually and published.
- Filtering & Monitoring** – Robust School Internet access must be filtered and monitored using effective free or paid for systems.
- Themed Days** – School participation in Safer Internet Day, Anti Bullying Week, Mental Health Week, Universal Children's Day etc is essential for discussion.
- Online Safety Officer & Online Safety Governor** – Most large school (student numbers > 200) should consider an OS4 to work with DSL and Online Safety Governor should be created to assist school legal expectations and online issues.
- Online Safety Workshops** – All school must ensure that Online Safety Workshops are provided for Students, Staff, Parents & Governors / Executives
- Online Safety AUP's** – Schools must create Acceptable Use Policies – Students – Parents – Staff – Bring Your Own Device – Visitors/Parents to ensure correct & appropriate use of School Internet

Five Points to Assist

- **Expertise** – Schools should receive Training Guidance from Qualified, Experienced & sk consultants (CHECK)
- **Reporting** – Ensure a robust reporting proc that is effective and of value
- **Councils / Committees** – Schools should on student / teacher & governor committees.
- **Website** – School should publish their Wh School Approach to Online Safety
- **Curriculum** – School can attach Online Safety to the Curriculum – However if school employ the tools this shouldn't be necessary

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Online Safety is Predominantly about Behaving Appropriately However Parents / Adults must Monitor and Guide Young Users

- Family Sharing** – Use Family Sharing on ALL Devices
- Device Settings** – Understand & Use iPhone / iPad Settings and Parental Controls available (SETTINGS SCREEN/TIME)
- Screen PASSCODE** – Set a Device Passcode and change it regularly and don't share with Young Users (see below)
- Screen/Device Time** – Limit Time (either by monitoring or screen time settings). (see below)

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Asking Permission

Easy Questions for Children to Ask Parents
Encourage Request, Approval & Parental Involvement

"Is it okay if?"

- 'I Play Fortnite/Roblox/Minecraft'
- 'Play Games on my Smartphone'
- 'Use my Nintendo'

"Please, can I?"

- 'Play for another 20 Minutes'
- 'Add a True Friend from School'
- 'Play after I have supper.'

"Would you like to?"

- 'Play the Game with me'
- 'Watch how I get a high score'
- 'See who my contacts are.'

"What should I do if?"

- 'I receive Requests or Notifications from people I do not know'
- 'I get a pop-up offering V Bucks'
- 'I get a friend Request.'

Four (4) Questions for all Children to Ask before Playing a Game, using a Device 'with a Trusted Adult'
Have Fun Together

Online Safety 4 Schools (www.onlinesafety4schools.co.uk) Jonathan Taylor MSc

Playoff offensive or inappropriate Media by Universities & Future Employers.

Take Regular Breaks from Internet Usage to prevent Poor Judgement.

Taking / Posting / Sharing inappropriate selfies can be avoided by asking for a second opinion. (You won't know if an image is inappropriate unless you ask someone else)

Five Point Plan

- **Blogging (No Age)** – (Personal Interests – EPQ or Extended Essay) – Jointly with Trusted Adults
- **Twitter (13)** – Follow Universities / Departments & Future Employers
- **LinkedIn (14)** – Follow Universities / Departments & Future Employers
- **Website** – Create a Website to control & publicise Creativity and Interests.
- **Clean Digital Tattoo & Proactively Use Search Engines**, & Seek 2nd Opinion from Trusted Friends & Adults

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Keep your child safe on TikTok using Safety Settings -

There are six security settings that can help you to keep TikTok safe for your child and prevent them seeing anything that might worry or upset them:

- Family Pairing** – This allows you to connect your child's account with your own. It gives you access to parental controls to help manage who they can speak to and how long they can spend on the app.
- Private Account** – Setting your child's account to private means that only approved followers will be able to watch their videos.
- Comment Filters** – Enable to manage who can comment on your child's videos and stop inappropriate comments from appearing on their feed.
- Daily Screen Time** – This setting allows you manage how long your child can spend on the app. You can set a daily time limit, and once it's up you'll need to enter a passcode to keep using the platform.
- Restricted Mode** – This feature helps to filter out videos that may contain inappropriate or adult topics and stop them appearing on your child's 'For You Page'
- Direct Messages** – This can help them manage who can contact them privately on the app. You can choose who can send them direct messages by selecting 'Friends'
- How does the TikTok algorithm work?**
 - The platform uses algorithms to show users different video content based on their interests and other videos they watch. This means that not everyone's 'For You Page' is the same.
 - Sometimes platforms also test out different types of content with similar themes to see how we interact, so it knows what to show us in the future.
- How to create an account**
 - Click on the 'person' icon and you can choose to sign up with an email, phone number, or existing Google, Facebook, Twitter, or Instagram account.
 - Once you have selected an option, you are then asked to enter your date of birth. If it is below the age of 13, the app displays the following message: "Sorry, looks like you're not eligible for TikTok. But thanks for checking us out!"
 - Your feed highlights what is going on in your community and a separate 'For you' feed shows tailored recommendations for you.

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Online Safety is Predominantly about Behaving Appropriately

Quick Online Safety Reminders for Trusted Adults (If You Can – No Magic Wand) Younger Users Respond Quicker

- Reduce Exposure (Hours)**
- Set Rules**
- Check Connectivity & Availability**
- Always Explain Reasons**
- Get Involved**
- Role Modelling**
- Reduce Exposure (Hours)**
- Set Rules**
- Parents Do & Must Nag**
- Mute – Remove Noise**
- Monitor & Check Usage**
- Monitor & Check Usage**
- No Screens Before**
- Explain Concept of Good & Poor Screen**
- The Smart Phone is the 'go' to device, and PSS and Xbox X & Nintendo Switch the 'go' to online gaming devices – So**
 - Limit Connectivity via Modem
 - Install Family Sharing on iPhones & other Apple Devices

Be safe Online (www.onlinesafety4schools.co.uk) Jonathan Taylor MSc (Clinical Psychologist)

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Online Safety is Predominantly about Behaving Appropriately

Top Ten Tips for Young Students

- Only have True Friends** on Online Friends & contacts, and only interact and message with True Friends
- Don't Add Random Players** to 'Closed Groups' this is unfair to the other group members and can be dangerous.
- Taking / Posting / Sharing** inappropriate selfies can be avoided by asking for a second opinion
- Click to the Correct Apps** for Social Media, Apps & Games Don't assume – just because you can play – that true friends are allowed, ask first
- Always Think Before you Accept** a message, request, notification from any online contact or contact.
- If anything Upsets, Worries, Frightens or Concerns you** (or anyone you care about) **Speak to a Trusted Adult.**
- Always Ask Permission** or for Advice, before you use, add, download, get or interact with anyone. 'This is Age Inrelevant'
- Don't become an unintentional victim** through GPS & Strava, to **Always Disable GPS (Location)** When at Home, and don't search for films in google or stream from file sharing systems
- Make Sure** what you post, share, take, say or message **Won't Upset Anybody** and that you won't regret it.
- At 14 yrs** **Speak to Trusted Adults** about 'blogging', 'Twitter' & 'linked in', to create an Online Brand to be proud of for your future

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OS4S Schools What is Required

Apple Device Top 8 Tips

Online Safety Parent Reminders

Tik Tok Quick Tips List

Senior Students Online Safety Tips

Questions to Encourage Online Safety

Young Students Online Safety Tips